

# Structures of High Performance Sport in Germany – an athlete's centered approach!?



© picture alliance

Dr. Julia Franke  
German Olympic Sports Confederation

# Facts and Figures

- 80.8 million citizens in Germany
- 91 000 sports clubs
- 28 million memberships in sports clubs
- 8.6 million volunteers working in sports clubs
- of whom 740 000 hold management positions (e.g. chairman/chairwoman)
- 1 million volunteers working at an executive level (e.g. trainer, exercise instructors)
- 7 million voluntary assistants (e.g. for club events)

SPORTDEUTSCHLAND



Quelle: Breuer, C. & Feiler, S. (2014). Sportvereine in Deutschland – ein Überblick. In C. Breuer (Hrsg.), Sportentwicklungsbericht 2013/2014. Analyse zur Situation der Sportvereine in Deutschland (S. 12-16). Köln: Sportverlag Strauß

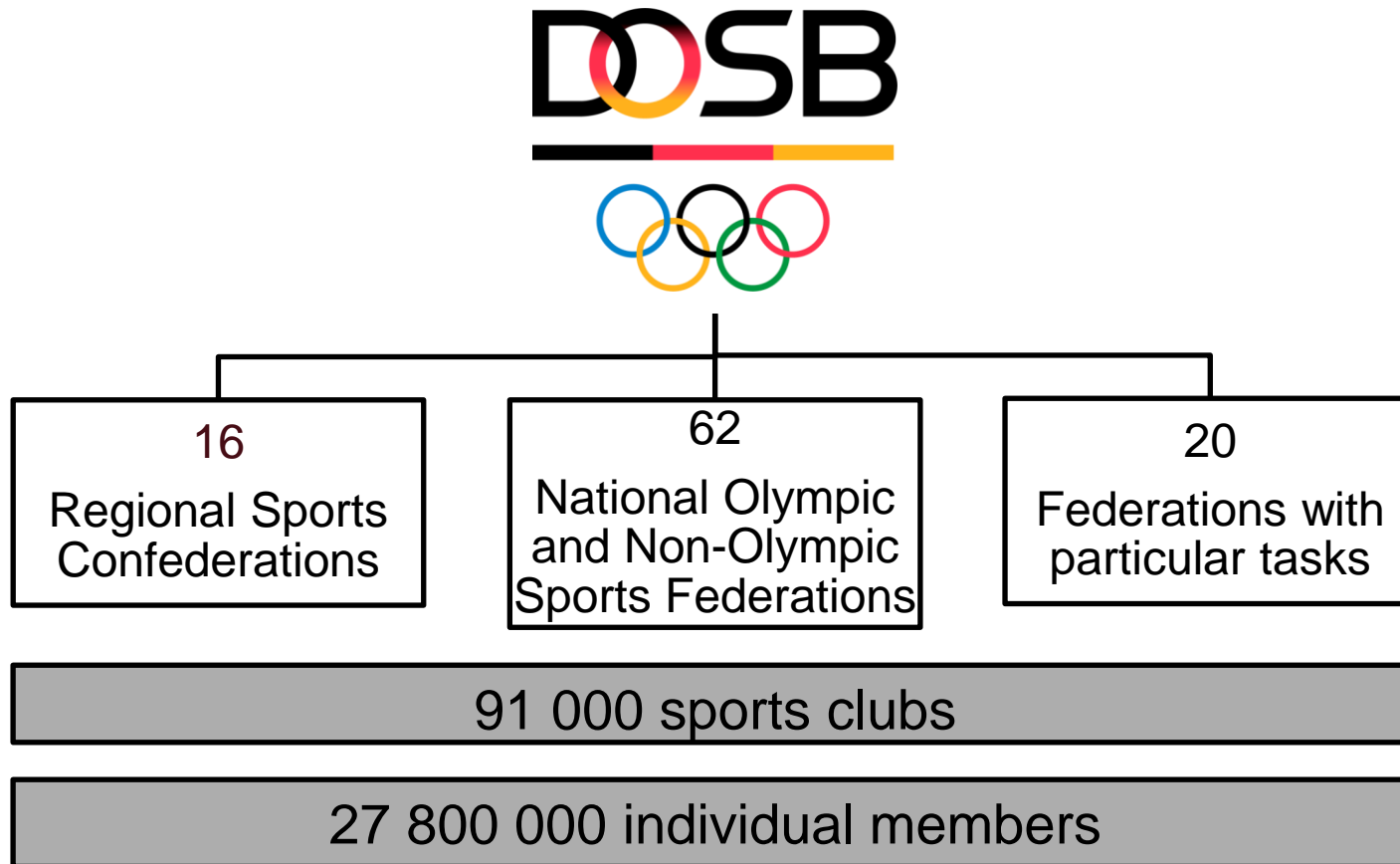
# Basic Principles of Sport in Germany

- Autonomy
- Subsidiarity
- Voluntariness
- Honorary / voluntary leadership at all levels
- Public utility (non-profit character)

# Finance principles

- Finances promotion of sports belongs to the tasks of the state
- Principle of subsidiarity in support by the governmental bodies
- „We help, if all other possibilities have been exhausted “
- Federal ministry of the interior (no ministry of sports) is responsible for High Performance Sports
- Education, Culture and Sports belong to the responsibility of the federal states
- Application for support to the ministry of the interior and the German Sports Confederation by the federations
- Department of High Performance Sports coordinates and is counseling the ministry

# System of the Organized Sport in Germany



# Main tasks DOSB

- Umbrella organisation of German sports („Unity within variety“)
- Organisation in charge of sending the German Olympic Team to the Olympic Games
- Advice and service centre for member organisations
- Development of programs related to the themes of “Sport for all“ and “Youth sports“
- Promotion of the Olympic movement
- International projects and cooperation: IOC, EOC, NOCs



© Picture Alliance



© Picture Alliance



© Picture Alliance

# Organisation DOSB

## High Performance Sport

- Olympic Support
- Youth elite sport
- Olympic Summer Sports
- Olympic Winter Sports
- Unit Olympic Games
- Science Management
- Non-Olympic Federations

## Sports Development

- Sport for All
- Sports Facilities
- Prevention and Health Management
- Education / Olympic Education
- Equal Opportunities

## CEO

- Office of the CEO
- Media and Public Relations
- Political Communications Berlin / Brussels
- International Relations

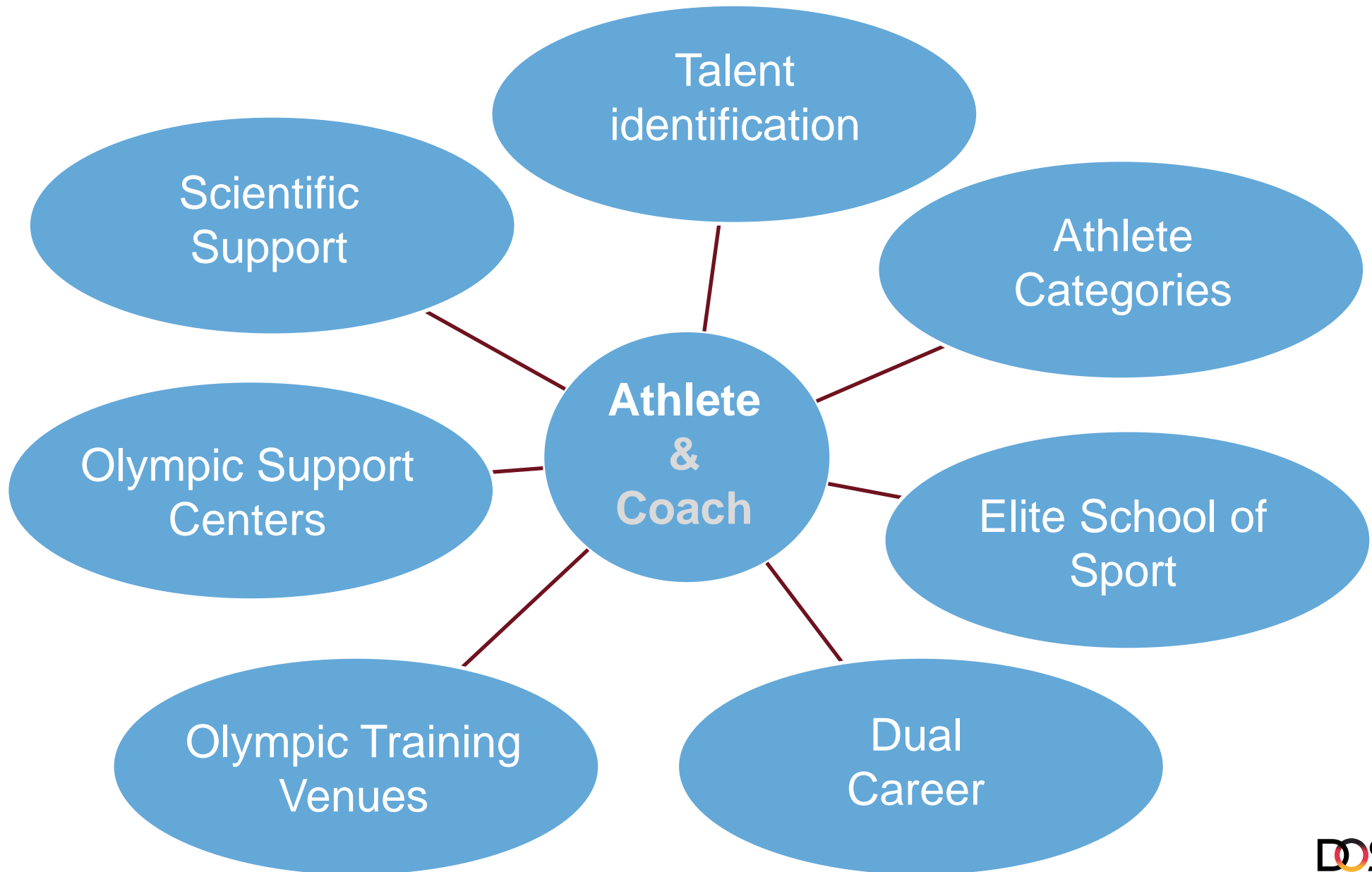
## Youth Sports

- Services
- Youth Activities
- International Youth Sports

## Finances

- Organisation
- Administration
- Finances / Controlling
- Human Resources
- Legal Advice
- Marketing

# Supporting Perspectives

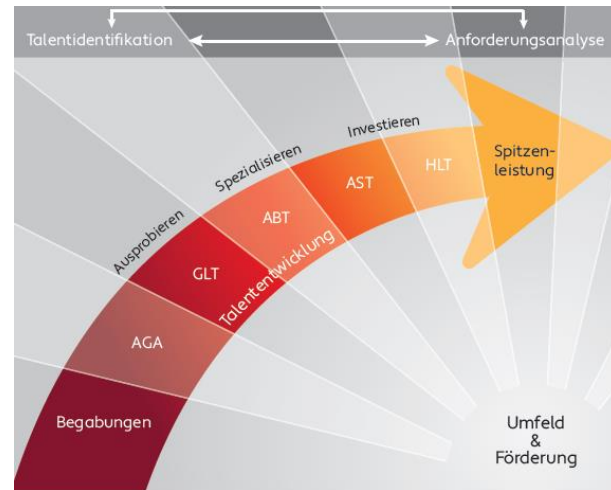




# Talent Identification

## Concept of Young Elite Sports

- Talent promotion
- Movement Check in Clubs
- Competition system
- Squad Training
- Transition Phase

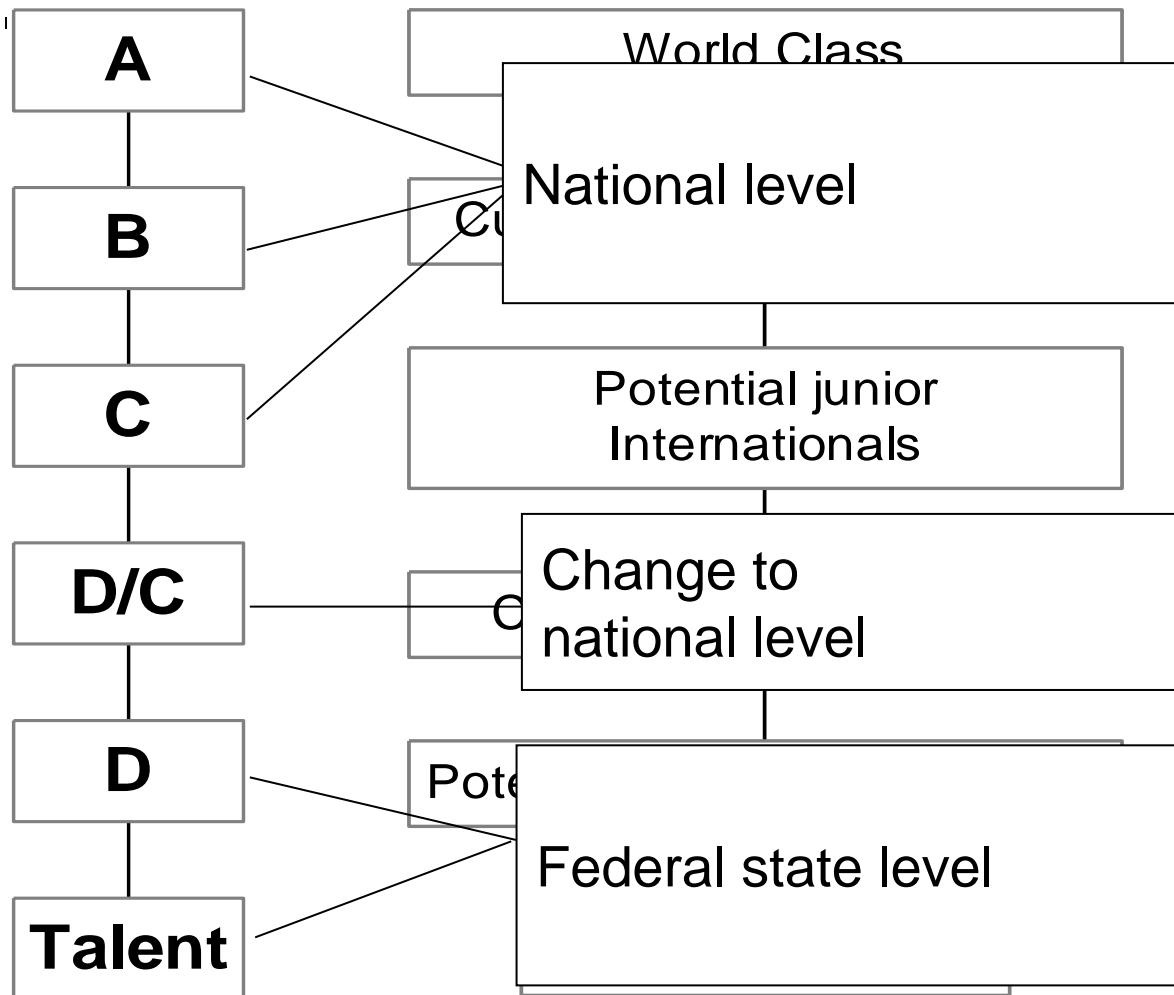


# BEWEGUNGS-CHECKS IN SPORTDEUTSCHLAND

Sportartübergreifend



# Athlete categories / Squad



# Elite School of Sport

- Tool of Talent-Promotion
- combines high level sport with school education by
  - ... special pedagogical support
  - ... high level of training conditions
  - ... improved time management



ELITESCHULE  
DES SPORTS



# Dual Career

## DUALE KARRIERE IM SPITZENSPO<sup>R</sup>T

First contact via „career advisor“ at the Olympic Support Center

- School
- Apprenticeship
- Academic Studies
- Army / Federal Police / Customs / Fire Department
- After Career Support



# Olympic Training Venues (Bundesstützpunkt)

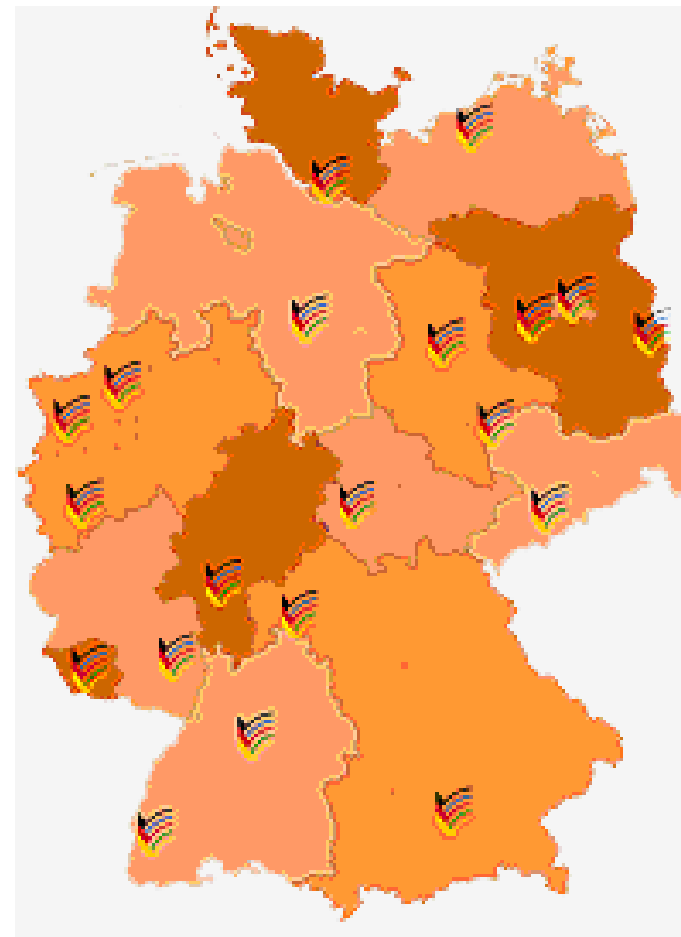
- daily training following the concept of the national federation
- optimum surrounding conditions
- high qualified coaches
- strong training groups (squad A-C)



# Olympic Support Centres (OSC)

- Service enterprises for top athletes, junior athletes and their coaches in an interdisciplinary manner
- Distribution /Organisation/ Financing
- Training Facilities
- Athletes accomodation
- Coaches (mixed-financed)
- Coordination of the regional Elite Sport

Olympiastützpunkte



# OSC Services for Elite Athletes

- Career advices / Social Environment Management
- Sports Medicine
- Sports Physiotherapy
- Diagnostics, Scientific training
- Sports Psychology
- Nutritional Counseling

**DOSB** SPORT  
PHYSIOTHERAPIE

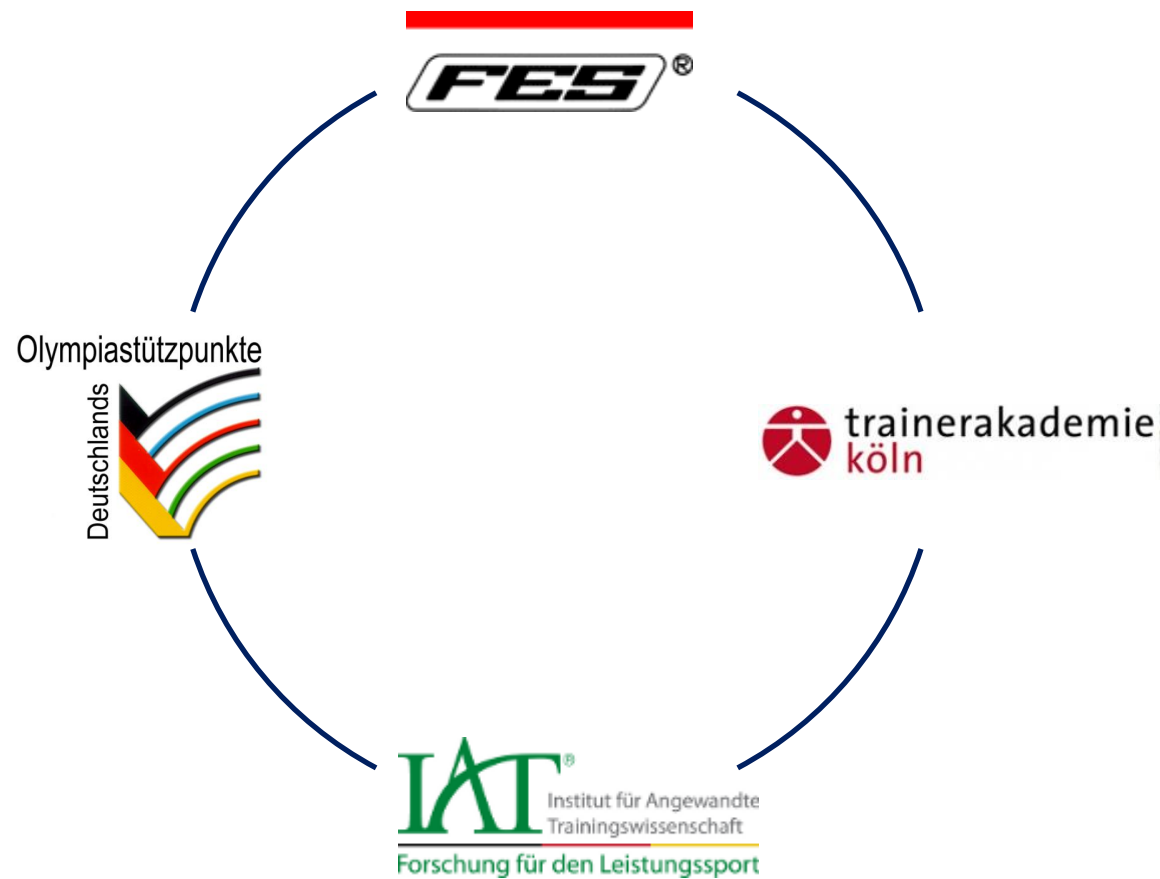
**SPORTMEDIZIN**

**SPORTPSYCHOLOGIE**



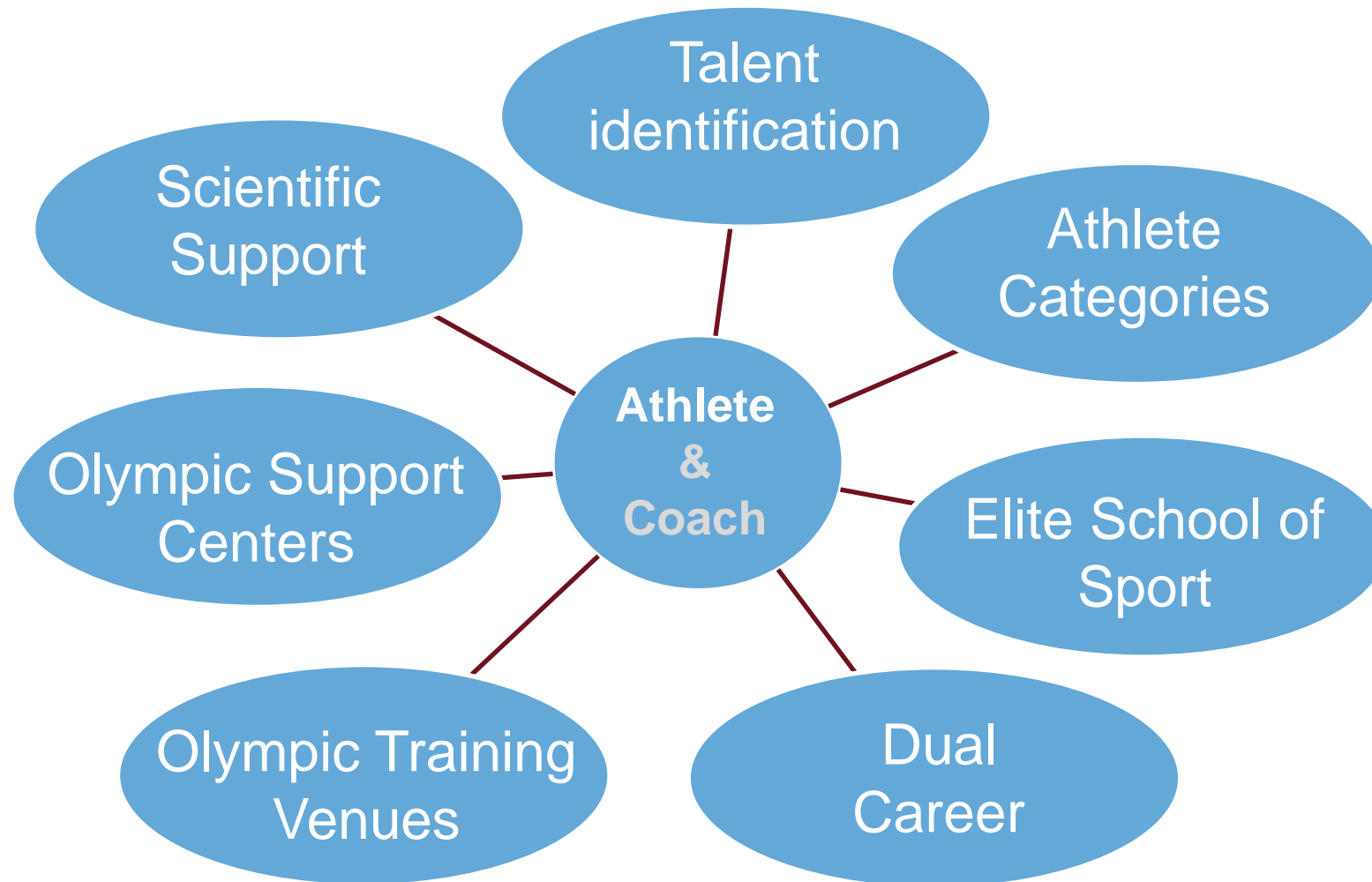
# Scientific Support

- Alliance of partners to support athletes via scientific research





# Structures of High Performance Sport in Germany – an athlete's centered approach!



Further information: [www.dosb.de](http://www.dosb.de)

Contact:

Dr. Julia Franke

Officer

Olympic Support Centers, Sports Medicine,  
Sports Physiotherapy

Mail: [franke@dosb.de](mailto:franke@dosb.de)

Phone: +49 (0) 69 / 67 00 384

German Olympic Sports Confederation  
Otto-Fleck-Schneise 12  
D-60528 Frankfurt

